

DIGITAL TECHNOLOGY REPORT

This supplement shows the current level of integration of digital technology in cardiac rehabilitation programmes. The information is based on a survey sent out by the NACR team in September/October 2025, asking about digital modes, content and communication currently used, or plans in place to use, by CR teams. 182 completed responses were received.

PiP = Plans in Place; Yes + W = Yes + Wearable Device

LusciiVitals: Programmes indicated there are plans in place to use this app but as there is no current use this is not included in the table

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Countess of Chester Hospital NHS Foundation Trust (Countess of Chester Hospital)	C&M	NHS Cheshire and Merseyside	Yes	No	No	No	Yes	Yes	No	No	No	No	Yes	Yes + W	Yes	No	Yes	Yes	Yes	No
East Cheshire NHS Trust (Macclesfield District General Hospital)	C&M	NHS Cheshire and Merseyside	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service)	C&M	NHS Cheshire and Merseyside	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	Yes	Yes	No	PiP	PiP
Liverpool University Hospitals NHS Foundation Trust (Broadgreen Hospital and Royal Liverpool University Hospital)	C&M	NHS Cheshire and Merseyside	Yes	No	PiP	No	No	No	No	No	No	No	No	Yes + W	Yes	Yes	Yes	No	No	No

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Liverpool University Hospitals NHS Foundation Trust (University Hospital Aintree)	C&M	NHS Cheshire and Merseyside	Yes	No	No	No	No	Yes	No	Yes	No	No	No	No	No	No	No	No	Yes	No
Mersey and West Lancashire Teaching Hospitals NHS Trust (Ormskirk District General Hospital & Southport and Formby District General Hospital)	C&M	NHS Cheshire and Merseyside	Yes	No	Yes	No	PiP	Yes	No	No	No	No	PiP	Yes	Yes	PiP	PiP	Yes	PiP	No
Mersey and West Lancashire Teaching Hospitals NHS Trust (St Helens Community)	C&M	NHS Cheshire and Merseyside	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	PiP	PiP	No	No	No
Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital)	C&M	NHS Cheshire and Merseyside	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Warrington and Halton Teaching Hospitals NHS Foundation Trust (Halton Hospital and Warrington)	C&M	NHS Cheshire and Merseyside	Yes	No	Yes	No	No	No	No	No	Yes + W	No	No	Yes + W	Yes	No	Yes	Yes	No	No
Wirral Community Health and Care NHS Foundation Trust (Wirral Community Cardiology Service)	C&M	NHS Cheshire and Merseyside	Yes	No	PiP	No	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	Yes	PiP	Yes	No

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Chesterfield Royal Hospital NHS Foundation Trust (Chesterfield Royal Hospital)	EM	NHS Derby and Derbyshire	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Derbyshire Community Health Services NHS Foundation Trust (North Derbyshire - Phase III Community CR (Chesterfield & Bolsover))	EM	NHS Derby and Derbyshire	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	No	Yes	No
Doncaster and Bassetlaw Hospitals NHS Foundation Trust (Bassetlaw Hospital)	EM	NHS Nottingham and Nottinghamshire	PiP	No	No	No	No	No	No	No	No	No	No	No	PiP	No	No	No	No	No
Kettering General Hospital NHS Trust (Kettering General Hospital)	EM	NHS Northamptonshire	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Lincolnshire Community Health Services NHS Trust	EM	NHS Lincolnshire	Yes	Yes + W	Yes	No	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Northampton General Hospital NHS Trust (Northampton General Hospital (Acute))	EM	NHS Northamptonshire	Yes	No	No	No	No	No	No	No	No	No	Yes	PiP	Yes	No	Yes	No	Yes	No
Nottingham University Hospitals NHS Trust	EM	NHS Nottingham and Nottinghamshire	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Sherwood Forest Hospitals NHS Foundation Trust (King's Mill Hospital)	EM	NHS Nottingham and Nottinghamshire	Yes	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No

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Sherwood Forest Hospitals NHS Foundation Trust (Newark Hospital)	EM	NHS Nottingham and Nottinghamshire	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
University Hospitals of Derby and Burton NHS Foundation Trust (Royal Derby Hospital and Ilkeston Community Hospital)	EM	NHS Derby and Derbyshire	Yes	No	No	No	No	No	No	No	No	No	No	PiP	No	Yes	No	PiP	No	No
University Hospitals of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary)	EM	NHS Leicester, Leicestershire and Rutland	Yes	No	No	Yes	No	No	No	No	No	No	No	Yes	No	PiP	No	No	No	No
Bedfordshire Hospitals NHS Foundation Trust (Bedford Heart Beat - Bedford Hospital)	EoE	NHS Bedfordshire, Luton and Milton Keynes	Yes	Yes + W	Yes + W	No	No	No	No	No	No	No	PiP	Yes + W	No	Yes	No	No	No	No
Bedfordshire Hospitals NHS Foundation Trust (Luton and Dunstable Hospital)	EoE	NHS Bedfordshire, Luton and Milton Keynes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	No	No
Cambridge University Hospital NHS Foundation Trust (Addenbrooke's Hospital)	EoE	NHS Cambridgeshire and Peterborough	Yes	Yes	Yes	Yes	No	No	No	No	No	No	Yes + W	Yes	Yes	Yes	Yes	Yes	Yes	Yes

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Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital)	EoE	NHS Cambridgeshire and Peterborough	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	Yes	No
East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital)	EoE	NHS Hertfordshire and West Essex	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No
East Coast Community Healthcare CIC (Great Yarmouth and Waveney)	EoE	NHS Norfolk and Waveney	Yes	No	No	No	No	No	No	No	Yes + W	No	No	No	No	No	No	Yes	No	Yes	Yes
East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital)	EoE	NHS Suffolk and North East Essex	Yes	Yes	Yes	No	No	No	No	No	No	No	PiP	Yes	Yes	No	PiP	PiP	PiP	PiP	PiP
East Suffolk and North Essex NHS Foundation Trust (East Suffolk Cardiac Rehab)	EoE	NHS Suffolk and North East Essex	Yes	No	Yes + W	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No
East Suffolk and North Essex NHS Foundation Trust (North East Essex Community Cardiac Rehab)	EoE	NHS Suffolk and North East Essex	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Essex Partnership University NHS Foundation Trust (EPUT)	EoE	NHS Hertfordshire and West Essex	Yes	No	PiP	No	No	No	No	No	No	No	PiP	No	Yes	No	Yes	PiP	Yes	No	No

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Mid and South Essex NHS Foundation Trust (Broomfield Hospital)	EoE	NHS Mid and South Essex	Yes	Yes + W	No	No	No	Yes + W	No	No	No	No	No	No	Yes	Yes	Yes	Yes	No	No	
Mid and South Essex NHS Foundation Trust (The Essex Cardiothoracic Centre)	EoE	NHS Mid and South Essex	Yes	Yes + W	Yes + W	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	No	No	
Milton Keynes University Hospital NHS Foundation Trust (Milton Keynes University Hospital)	EoE	NHS Bedfordshire, Luton and Milton Keynes	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No	
Norfolk and Norwich University Hospital NHS Trust (Norfolk and Norwich University Hospital)	EoE	NHS Norfolk and Waveney	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	No	No	No	Yes	No	No	
Norfolk Community Health and Care NHS Trust	EoE	NHS Norfolk and Waveney	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	PiP	No	No	
Norfolk Community Health and Care NHS Trust (Heart Failure Rehabilitation)	EoE	NHS Norfolk and Waveney	PiP	No	No	No	No	No	No	No	PiP	No	Yes + W	No	No	No	No	No	No	No	
North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation)	EoE	NHS Cambridgeshire and Peterborough	Yes	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	

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Royal Papworth Hospital NHS Foundation Trust (Royal Papworth Hospital)	EoE	NHS Cambridgeshire and Peterborough	Yes	Yes + W	PiP	No	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	Yes	No	No
West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead)	EoE	NHS Hertfordshire and West Essex	Yes	Yes + W	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
West Suffolk NHS Foundation Trust (West Suffolk Community Cardiac Prevention & Rehabilitation Service)	EoE	NHS Suffolk and North East Essex	Yes	Yes + W	Yes + W	No	No	Yes + W	No	No	No	No	No	Yes + W	Yes	Yes	Yes	Yes	Yes	Yes
West Suffolk NHS Foundation Trust (West Suffolk Hospital)	EoE	NHS Suffolk and North East Essex	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
BOC Healthcare (Heywood, Middleton & Rochdale Cardiac Rehabilitation Service)	GM	NHS Greater Manchester	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	No
Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab)	GM	NHS Greater Manchester	Yes	No	No	No	No	PiP	No	No	No	No	Yes	No	No	No	Yes	No	No	No
Manchester University NHS Foundation Trust (North Manchester General Hospital)	GM	NHS Greater Manchester	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No

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Manchester University NHS Foundation Trust (Wythenshawe Hospital & South Manchester Community)	GM	NHS Greater Manchester	Yes	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	PiP	PiP	No	Yes	
Northern Care Alliance NHS Foundation Trust (Bury Care Organisation)	GM	NHS Greater Manchester	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	No	Yes	
Northern Care Alliance NHS Foundation Trust (Salford Royal Hospital)	GM	NHS Greater Manchester	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	Yes	No	Yes	No	Yes	Yes	
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation)	GM	NHS Greater Manchester	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	
Harrogate and District NHS Foundation Trust (Harrogate District Hospital)	H&NY	NHS Humber and North Yorkshire	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	
Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington)	H&NY	NHS Humber and North Yorkshire	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	
Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Scunthorpe General Hospital)	H&NY	NHS Humber and North Yorkshire	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	PiP	No	No	Yes	No	

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East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital / Burnley Hospital)	L&SC	NHS Lancashire and South Cumbria	PiP	No	PiP	No	No	Yes + W	No	No	No	No	No	No	PiP	PiP	PiP	PiP	PiP	PiP	
Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital)	L&SC	NHS Lancashire and South Cumbria	Yes	No	No	No	Yes + W	No	No	No	No	No	Yes + W	Yes + W	Yes	Yes	Yes	No	No	Yes	
University Hospitals of Morecambe Bay NHS Foundation Trust (Royal Lancaster Infirmary)	L&SC	NHS Lancashire and South Cumbria	Yes	No	No	No	Yes	Yes + W	No	No	No	No	Yes + W	No	Yes	No	Yes	Yes	Yes	No	
University Hospitals of Morecambe Bay NHS Foundation Trust (Westmorland General Hospital)	L&SC	NHS Lancashire and South Cumbria	Yes	No	No	No	Yes + W	No	No	No	No	No	No	No	Yes	No	Yes	Yes	No	No	
Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service)	L(N)	NHS North East London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	
Barts Health NHS Trust (Barts Heart Centre)	L(N)	NHS North East London	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	No	
Barts Health NHS Trust (Whipps Cross University Hospital)	L(N)	NHS North East London	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	No	

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Central and North West London NHS Foundation Trust (Hillingdon Community Cardiac Rehab)	L(N)	NHS North West London	Yes	PiP	PiP	Yes + W	No	PiP	No	No	No	No	No	PiP	Yes	No	Yes	PiP	PiP	No	
Central London Community Healthcare NHS Trust (Harrow Community Services)	L(N)	NHS North West London	Yes	No	Yes	No	Yes	No	No	No	No	No	PiP	No	No	No	Yes	Yes	No	No	
Chelsea and Westminster NHS Foundation Trust (Phase 1/In Patient CR)	L(N)	NHS North West London	PiP	No	No	No	No	No	No	No	No	No	No	No	No	No	PiP	No	No	No	
East London NHS Foundation Trust (Newham Cardiac Rehab Services)	L(N)	NHS North East London	Yes	Yes + W	Yes + W	No	PiP	PiP	No	No	No	No	Yes + W	PiP	PiP	No	Yes	Yes	Yes	No	
Homerton University Hospital NHS Foundation Trust (Homerton University Hospital)	L(N)	NHS North East London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No	
Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community)	L(N)	NHS North West London	Yes	No	Yes	No	Yes	No	No	No	No	No	No	Yes + W	Yes	No	Yes	Yes	Yes	Yes	
London North West University Healthcare NHS Trust (Northwick Park Hospital and Ealing Hospital)	L(N)	NHS North West London	Yes	No	PiP	No	No	No	No	No	No	No	No	Yes + W	Yes	No	No	PiP	No	PiP	

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Nuffield Health (Nuffield Health at St. Bartholomew's Hospital)	L(N)	NHS North East London	Yes	Yes + W	Yes + W	No	No	No	No	No	No	No	No	Yes + W	No	No	No	Yes	No	No
Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital)	L(N)	NHS North Central London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	Yes	No
Royal Free London NHS Foundation Trust (North Middlesex Hospital)	L(N)	NHS North Central London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No
Royal Free London NHS Foundation Trust (Royal Free Hospital)	L(N)	NHS North Central London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	PiP	Yes	No	Yes	No
The Hillingdon Hospitals NHS Foundation Trust (Hillingdon Hospital)	L(N)	NHS North West London	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
University College London Hospitals NHS Foundation Trust (The Heart Hospital)	L(N)	NHS North Central London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes	No
Whittington Health NHS Trust (The Whittington Hospital)	L(N)	NHS North Central London	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	Yes	No
Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation)	L(S)	NHS South West London	Yes	No	No	No	Yes	No	No	PiP	No	No	No	No	Yes	No	No	No	Yes	No
Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital)	L(S)	NHS South West London	Yes	No	PiP	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No

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Guy's and St Thomas' NHS Foundation Trust (St. Thomas' Hospital)	L(S)	NHS South East London	Yes	PiP	PiP	No	No	Yes	No	No	No	No	No	Yes	Yes	Yes	No	PiP	Yes	Yes
King's College Hospital NHS Foundation Trust (King's College Hospital (Denmark Hill))	L(S)	NHS South East London	Yes	No	Yes	No	Yes	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes	PiP
Kingston and Richmond NHS Foundation Trust (Hounslow and Richmond Community Cardiac Rehab Service)	L(S)	NHS South West London	Yes	No	Yes	No	No	No	No	No	No	No	Yes	Yes	Yes	PiP	No	No	No	No
Lewisham and Greenwich NHS Trust (University Hospital Lewisham)	L(S)	NHS South East London	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team)	L(S)	NHS South East London	Yes	No	Yes + W	No	Yes + W	No	No	No	No	No	No	PiP	Yes	No	No	Yes	Yes	Yes
St George's University Hospitals NHS Foundation Trust (St George's Hospital (Tooting))	L(S)	NHS South West London	Yes	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No
Your Healthcare CIC (Kingston Community Cardiac Prevention and Rehabilitation Programme)	L(S)	NHS South West London	Yes	No	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	Yes	Yes	No	No

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County Durham and Darlington NHS Foundation Trust (Bishop Auckland General Hospital, Darlington Memorial Hospital, University Hospital of North Durham)	NE	NHS North East and North Cumbria	No	No	No	No	No	No	No	No	Yes + W	No	No	No	No	No	No	No	No	No
Newcastle upon Tyne Hospitals NHS Foundation Trust (Community Cardiology)	NE	NHS North East and North Cumbria	Yes	Yes + W	PiP	No	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	No	No	Yes
Newcastle upon Tyne Hospitals NHS Foundation Trust (Freeman Hospital)	NE	NHS North East and North Cumbria	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	PiP	Yes	No	No	No
North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary)	NE	NHS North East and North Cumbria	PiP	No	No	No	No	No	No	No	No	No	No	PiP	No	No	No	No	No	No
North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital)	NE	NHS North East and North Cumbria	Yes	No	No	No	No	No	No	No	No	No	No	PiP	Yes	No	PiP	No	No	No
North Tees and Hartlepool NHS Foundation Trust (Community Services)	NE	NHS North East and North Cumbria	Yes	PiP	PiP	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Northumbria Healthcare NHS Foundation Trust (Central/South East, North and West & Community Cardiology)	NE	NHS North East and North Cumbria	Yes	No	PiP	No	No	No	No	No	No	No	No	No	Yes	PiP	No	Yes	PiP	No
South Tyneside and Sunderland NHS Foundation Trust (Sunderland Royal Hospital & South Tyneside District General Hospital)	NE	NHS North East and North Cumbria	No	No	No	No	No	No	No	No	Yes + W	No	No	No	No	No	No	No	No	No
Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital)	SE	NHS Surrey Heartlands	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	No	Yes	No	Yes	Yes	No
Berkshire Healthcare NHS Foundation Trust (West Berkshire Community CR)	SE	NHS Buckinghamshire, Oxfordshire and Berkshire West	Yes	No	Yes	No	No	No	No	No	No	Yes	No	No	Yes	Yes	No	No	No	No
Buckinghamshire Healthcare NHS Trust (Wycombe Hospital)	SE	NHS Buckinghamshire, Oxfordshire and Berkshire West	Yes	PiP	PiP	No	No	No	No	No	No	Yes	No	No	Yes	No	No	PiP	PiP	No
First Community Healthcare	SE	NHS Surrey Heartlands	Yes	PiP	Yes + W	No	No	No	No	No	No	No	No	Yes	Yes	PiP	No	Yes	No	No
Frimley Health NHS Foundation Trust (Frimley Park Hospital)	SE	NHS Frimley	Yes	Yes	Yes	No	No	Yes	No	No	No	No	PiP	No	No	Yes	No	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Frimley Health NHS Foundation Trust (Wexham Park Hospital)	SE	NHS Frimley	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No
Hampshire Hospitals NHS Foundation Trust (Basingstoke & North Hampshire Hospital and Royal Hampshire Hospital)	SE	NHS Hampshire and Isle of Wight	Yes	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	No	No	No	No
HCRG Care Group (Swale Cardiac Rehabilitation Team)	SE	NHS Kent and Medway	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	PiP	Yes	No	Yes	No
Kent Community Health NHS Foundation Trust	SE	NHS Kent and Medway	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	No	Yes	No	Yes	No	Yes
Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital)	SE	NHS Kent and Medway	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital)	SE	NHS Kent and Medway	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes	No
Medway Community Healthcare	SE	NHS Kent and Medway	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	PiP	Yes	PiP	No	No
Portsmouth Hospitals University NHS Trust (Queen Alexandra Hospital)	SE	NHS Hampshire and Isle of Wight	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Royal Berkshire NHS Foundation Trust (Royal Berkshire Hospital)	SE	NHS Buckinghamshire, Oxfordshire and Berkshire West	Yes	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Royal Surrey NHS Foundation Trust (Royal Surrey County Hospital)	SE	NHS Surrey Heartlands	Yes	PiP	PiP	No	Yes	Yes	No	No	No	No	Yes	No	Yes	Yes	Yes	Yes	No	No
Surrey and Sussex Healthcare NHS Trust (Crawley Hospital and East Surrey Hospital)	SE	NHS Surrey Heartlands	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
University Hospital Southampton NHS Foundation Trust – Phase 1	SE	NHS Hampshire and Isle of Wight	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No
University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital)	SE	NHS Sussex	Yes	No	Yes	No	No	Yes	No	No	No	No	No	No	Yes	Yes	No	No	PiP	PiP
University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital)	SE	NHS Sussex	Yes	No	Yes + W	No	No	Yes + W	No	No	No	No	No	No	Yes	Yes	No	No	No	PiP
University Hospitals Sussex NHS Foundation Trust (Southlands Hospital)	SE	NHS Sussex	PiP	No	No	No	No	No	No	No	No	No	No	No	PiP	PiP	No	No	No	No
University Hospitals Sussex NHS Foundation Trust (St Richards Hospital)	SE	NHS Sussex	Yes	Yes + W	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre)	SY	NHS South Yorkshire	Yes	No	No	No	No	No	No	No	No	No	PiP	No	Yes	Yes	Yes	No	Yes	No
Rotherham, Doncaster & South Humber Foundation Trust (Cantley Health Centre)	SY	NHS South Yorkshire	Yes	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	Yes	No	Yes	No
Sheffield Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation Programme)	SY	NHS South Yorkshire	Yes	No	No	No	No	No	No	No	No	No	PiP	No	Yes	Yes	No	No	No	Yes
Cornwall Partnership NHS Foundation Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly)	SW(P)	NHS Cornwall and The Isles of Scilly	Yes	Yes + W	Yes + W	No	No	No	No	No	Yes + W	No	No	No	Yes	No	Yes	Yes	No	No
Livewell South West (Community Cardiac Team)	SW(P)	NHS Devon	Yes	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No	Yes	No
Royal Devon University Healthcare NHS Foundation Trust (Royal Devon and Exeter Hospital (Wonford) & Westbank Community Care)	SW(P)	NHS Devon	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Torbay and South Devon NHS Foundation Trust (Torbay Hospital)	SW(P)	NHS Devon	Yes	No	Yes	No	No	No	No	No	No	No	No	PiP	Yes	Yes	Yes	Yes	PiP	No
Action Heart, Dudley	WM	NHS Black Country	Yes	No	No	No	PiP	PiP	No	PiP	PiP	No	No	PiP	No	No	No	Yes	Yes	No
Birmingham Community Healthcare NHS Trust	WM	NHS Birmingham and Solihull	Yes	No	No	No	No	No	No	No	No	No	PiP	No	No	Yes	PiP	No	Yes	No
George Eliot Hospital NHS Trust (George Eliot Hospital)	WM	NHS Coventry and Warwickshire	Yes	No	No	No	No	PiP	No	No	No	No	No	Yes + W	Yes	No	No	No	Yes	No
Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital)	WM	NHS Black Country	Yes	PiP	Yes + W	No	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	Yes	No	No
Shrewsbury and Telford Hospital NHS Trust (Royal Shrewsbury Hospital and The Princess Royal Hospital)	WM	NHS Shropshire, Telford and Wrekin	Yes	No	No	No	PiP	No	No	PiP	No	No	Yes	Yes	PiP	PiP	Yes	Yes	PiP	No
South Warwickshire University NHS Foundation Trust (Warwick Hospital)	WM	NHS Coventry and Warwickshire	PiP	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	PiP	No
The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital)	WM	NHS Black Country	Yes	No	No	No	No	No	No	No	Yes + W	No	PiP	Yes + W	PiP	Yes	Yes	Yes	Yes	Yes

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
University Hospital Birmingham NHS Foundation Trust (Queen Elizabeth Hospital)	WM	NHS Birmingham and Solihull	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital)	WM	NHS Birmingham and Solihull	Yes	No	No	No	No	No	No	No	No	No	No	PiP	Yes	No	Yes	Yes	Yes	No
University Hospitals Birmingham NHS Foundation Trust (Heartlands Hospital and Solihull Hospital)	WM	NHS Birmingham and Solihull	Yes	No	No	No	No	No	No	No	No	No	No	PiP	Yes	PiP	PiP	No	No	No
University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross)	WM	NHS Coventry and Warwickshire	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	No	No	No
University Hospitals of Derby and Burton NHS Foundation Trust (Queen's Hospital)	WM	NHS Staffordshire and Stoke-on-Trent	Yes	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	Yes	No	Yes
University Hospitals of North Midlands NHS Trust (County Hospital Stafford and Royal Stoke University Hospital)	WM	NHS Staffordshire and Stoke-on-Trent	Yes	No	Yes	No	PiP	No	No	No	No	No	No	Yes	NR*	NR*	NR*	NR*	NR*	NR*

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Walsall Cardiac Rehabilitation Trust (Heart Care)	WM	NHS Black Country	Yes	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	Yes	No	Yes	Yes
Walsall Healthcare Trust (Manor Hospital - Phase 1)	WM	NHS Black Country	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital)	WM	NHS Herefordshire and Worcestershire	Yes	No	No	No	No	No	No	No	PiP	No	Yes	Yes	Yes	Yes	Yes	No	No	No
Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye)	WM	NHS Herefordshire and Worcestershire	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes	No	Yes	No	No	No
Bath and North East Somerset: HCRG Care Group (Heart Failure Service BANES)	WoE	NHS Bath and North East Somerset, Swindon and Wiltshire	Yes	No	No	No	Yes + W	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Dorset County Hospital NHS Foundation Trust (Dorset County Hospital)	WoE	NHS Dorset	Yes	Yes	Yes	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	Yes
Great Western Hospitals NHS Foundation Trust	WoE	NHS Bath and North East Somerset, Swindon and Wiltshire	Yes	No	No	No	No	PiP	No	No	Yes + W	No	No	No	PiP	No	Yes	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
North Bristol NHS Trust (Southmead Hospital)	WoE	NHS Bristol, North Somerset and South Gloucestershire	Yes	No	No	No	PiP	No	No	No	Yes + W	No	No	Yes	No	Yes	No	No	No	Yes
Royal United Hospital Bath NHS Foundation Trust (Royal United Hospital)	WoE	NHS Bath and North East Somerset, Swindon and Wiltshire	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No
Salisbury NHS Foundation Trust (Salisbury District Hospital)	WoE	NHS Bath and North East Somerset, Swindon and Wiltshire	Yes	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No	No	No	No	No
Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community)	WoE	NHS Somerset	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes	No
Somerset NHS Foundation Trust (Yeovil District Hospital)	WoE	NHS Somerset	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	Yes	No	No	No
University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary and Weston General Hospital)	WoE	NHS Bristol, North Somerset and South Gloucestershire	Yes	No	Yes	No	Yes	PiP	No	No	No	No	Yes	Yes + W	Yes	Yes	Yes	No	Yes	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
University Hospitals Dorset NHS Foundation Trust (Poole General Hospital & Royal Bournemouth Hospital)	WoE	NHS Dorset	Yes	Yes + W	Yes	No	No	No	No	No	No	No	Yes + W	No	Yes	Yes	No	Yes	No	Yes
Airedale NHS Foundation Trust	WY	NHS West Yorkshire	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	Yes	Yes	Yes	Yes	Yes	Yes
Bradford Teaching Hospitals NHS Foundation Trust (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic)	WY	NHS West Yorkshire	Yes	Yes + W	Yes	No	No	No	No	PiP	No	No	No	Yes + W	No	Yes	Yes	No	No	Yes
Calderdale and Huddersfield NHS Foundation Trust (Calderdale Royal Hospital)	WY	NHS West Yorkshire	Yes	No	Yes + W	No	Yes + W	No	No	No	No	No	No	No	Yes	No	Yes	Yes	Yes	No
Leeds Teaching Hospitals NHS Trust (Leeds General Infirmary and Leeds Community Healthcare)	WY	NHS West Yorkshire	PiP	No	No	No	No	No	No	No	No	No	No	No	No	PiP	PiP	PiP	No	No
Locala Community Partnership CIC (Huddersfield)	WY	NHS West Yorkshire	Yes	No	Yes	No	No	No	No	PiP	No	No	No	No	Yes	No	No	No	No	No

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						Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Mid Yorkshire Hospitals NHS Trust (Pinderfields Hospital, Pontefract General Infirmary, Dewsbury & District Hospital)	WY	NHS West Yorkshire	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No

*NR = No response to question

C&M = Cheshire and Merseyside
 EM = East Midlands
 EoE = East of England
 GM = Greater Manchester
 H&NY = Humber and North Yorkshire
 L&SC = Lancashire & South Cumbria
 L(N) = London (North)
 L(S) = London (South)
 NE = North East
 SE = South East
 SY = South Yorkshire
 SW(P) = South West (Peninsula)
 WM = West Midlands
 WoE = West of England
 WY = West Yorkshire

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Bournemouth Hospital (Nuffield)	Private	Yes	Yes	Yes	No	No	No	No	No	No	No	Yes	No	Yes	PiP	No	No	No	No
Circle Health Group (Alexandra Hospital (Private))	Private	Yes	Yes + W	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
CP+R (Private CR Provider)	Private	Yes	No	Yes + W	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes	No
Nuffield Health (Leeds)	Private	Yes	Yes	PiP	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	No

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					Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Belfast Health and Social Care Trust (Belfast City Hospital, Royal Victoria Hospital and Mater Hospital)	BH&SCT	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Northern Health and Social Care Trust (Antrim Area Hospital, Whiteabbey Hospital, Mid-Ulster Hospital, Causeway Hospital)	NH&SCT	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	No	Yes	No	No	No	No
South Eastern Health and Social Care Trust (Ulster Hospital, Downe Hospital and Lagan Valley Hospital)	SEH&SCT	Yes	No	No	No	No	Yes + W	No	No	No	No	No	No	Yes	Yes	Yes	No	Yes	No
Southern Health and Social Care Trust (Daisy Hill Hospital)	SH&SCT	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	PiP	No	No	No	No
Southern Health and Social Care Trust (South Tyrone Hospital)	SH&SCT	Yes	No	No	No	Yes + W	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Western Health and Social Care Trust (Altnagelvin Hospital, Omagh Health Centre and South West Area Hospital)	WH&SCT	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	No	PiP	Yes

BH&SCT = Belfast Health and Social Care Trust

NH&SCT = Northern Health and Social Care Trust

SEH&SCT = South Eastern Health and Social Care Trust

SH&SCT = Southern Health and Social Care Trust

WH&SCT = Western Health and Social Care Trust

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Channel Islands (Jersey General Hospital)	Other	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	Yes	No	Yes	No	No	No
Channel Islands (Princess Elizabeth Hospital, Guernsey)	Other	Yes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No	No
Isle of Man (Nobles Hospital)	Isle Of Man	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	No	No	No

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Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos)	ABUHB	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No	No
Betsi Cadwaladr University Health Board (Central)	BCUHB	Yes	No	No	No	Yes	Yes	No	PiP	No	No	No	No	No	No	No	No	No	No
Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme)	BCUHB	Yes	No	No	No	PiP	No	No	No	No	No	No	PiP	Yes	No	Yes	No	Yes	No
Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital)	BCUHB	Yes	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes	No	Yes	Yes	No
Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital)	C&VUHB	Yes	PiP	Yes	No	No	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes	Yes	No	No
Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital)	CTMUHB	Yes	No	PiP	No	No	Yes + W	No	No	No	No	No	No	Yes	No	No	No	No	No
Hywel Dda University Health Board (Bronglais Hospital)	HDUHB	Yes	No	No	No	No	Yes	No	No	No	No	Yes	No	Yes	PiP	PiP	No	Yes	No
Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital)	HDUHB	Yes	No	No	No	No	No	No	No	No	No	No	Yes + W	Yes	PiP	Yes	No	No	PiP
Hywel Dda University Health Board (Haverfordwest Health Care Centre)	HDUHB	Yes	No	PiP	No	No	No	No	No	No	No	No	No	Yes	PiP	Yes	No	No	No
Powys Teaching Health Board (Rhayader / Knighton, Ystradgynlais Community Hospital, Montgomery County Infirmary, Brecon War Memorial Hospital)	PTHB	Yes	No	No	No	PiP	PiP	No	No	No	No	Yes	No	No	No	No	No	No	No

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					Activate Your Heart	D-REACH-HF	Digital Heart Manual	Gro Health HeartBuddy	KiActiv	myHeart	Beat Better	Pumping Marvellous	Any Other Web/App-based	BHF At Home	Locally Produced Digital Content	External Digital Content	Virtual meetings/sessions e.g. Zoom/Teams or similar meeting	Use of messaging apps	Other Digital Communication
Swansea Bay University Health Board (Neath/Port Talbot Hospital)	SBUHB	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No

ABUHB = Aneurin Bevan University Health Board

BCUHB = Betsi Cadwaladr University Health Board

C&VUHB = Cardiff & Vale University Health Board

CTMUHB = Cwm Taf Morgannwg University Health Board

HDUHB = Hywel Dda University Health Board

PTHB = Powys Teaching Health Board

SBUHB = Swansea Bay University Health Board